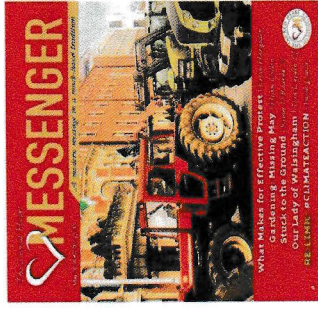


While chaplains are not permitted to do routine hospital visits at the moment, they are still available for emergency or urgent visits. To call a chaplain at any time, just ring the relevant hospital and ask for the chaplain on call. In addition, if you or a family member are in hospital, or indeed if you work in the hospital, and you would like to chat with a chaplain, there is a chaplaincy phone service available daily.

From 10am - 12 noon, call 028-38334444 From 2pm - 4pm, call 028-30835000

GET THE DIGITAL EDITION OF THE MESSENGER FOR FREE!



A combination of 'cocooning' and the travel restrictions currently in place all around the country mean that many readers of The Sacred Heart Messenger cannot access their monthly 'little red book'.

Therefore, during this coronavirus crisis we are delighted to make the digital edition of The Messenger available **FREE OF CHARGE** until we return to normal delivery

Please send your email request to:
c.henry@messenger.ie
 and we will send you a link to view The Messenger on your laptop, tablet or mobile phone.

What is Spiritual Communion?

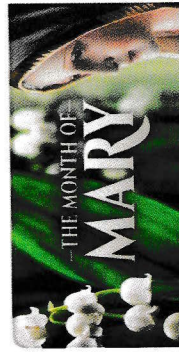
Spiritual Communion is a way to be united with Christ when we are not able to physically receive the Eucharist. St Thomas Aquinas described it as "an ardent desire to receive Jesus in the Holy Sacrament, and a loving embrace as though we had received Him." This was a practice very dear to the heart of St Alphonsus Liguori, founder of the Redemptorist Order. In this time of uncertainty, when we are encouraged to practice "Social Distancing," let's use St Alphonsus' practice to be united in Spirit and in Prayer with one another and with Christ.



How to make a Spiritual Communion:

- Start with the Sign of the Cross.
 - Read and reflect on the readings of the day (you can go to <https://www.catholicshops.ie/readings/>) or follow us livestreamed on www.clonduffparish.com
 - Mass times: **9.00am (Monday to Friday) Saturday at 6.00pm and Sunday at 11.00am in St John the Evangelist Church, Ballymaghery**
 - Pray an Act of Spiritual Communion, such as this one inspired by St Alphonsus Liguori
- My Jesus, I believe that You are present in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen**
- Offer a Prayer of Thanksgiving.

PARISH OF CLONDUFF 24th May 2020
THE ASCENSION OF OUR LORD
 (Sunday Readings Cycle A – Weekday Readings Cycle 2)



ANNIVERSARIES: BALLYMAGHERY, BALLYGORIAN, CABRA & DRUMGATH PARISH	
Sat 23rd May 6.00pm BALLYMAGHERY:	Felix O'Hare, Goward Road DRUMGATH PARISH: Jack Keenan & Deceased Family, Barmmeen
Sun 24th May 11.00am BALLYMAGHERY:	Willie McGinn, Kilkeel Road; Rose, Patrick, Michael & Gerard Matthews, New Line Road
Mon 25th May 9.00am	BALLYMAGHERY:
Tue 26th May 9.00am	BALLYMAGHERY:
Wed 27th May 9.00am	BALLYMAGHERY: Daniel Grant, O'Hagans Terrace
Thur 28th May 9.00am	BALLYMAGHERY:
Fri 29th May 9.00am	BALLYMAGHERY:
Sat 30th May 6.00pm BALLYMAGHERY:	MM Eugene Ward, Convent Road; James Brown, Whitehill, Rathfriland Road; Madeline Fitzpatrick, Goward; John F Brown, Oakridge
Sat 30th May 7.30pm Ballymaghery	DRUMGATH PARISH: BARMMEEN CEMETERY MASS Daniel & Ellen Hillen, Barmmeen
Sun 31st May 11.00am BALLYMAGHERY:	Michael, Susan, Anne & Brian Arthurs, Main Street; Bernard & Margaret Morgan, St John's Terrace

RECENTLY DECEASED – We pray for the happy repose of the soul of **Louis Mooney**, 18 Forestbrook Avenue, Rostrevor who was interred recently. May he rest in peace.

TROCAIRE BOXES

Trocaire Boxes can be handed in to the Parochial House, Castlewella Road on Sunday from 11.45am to 12.15pm and Monday from 11.45am to 12.15pm or given into the Spar Supermarket and put in the box provided.

Your continued financial support to Parish life and Parish upkeep is very much appreciated during these anxious and challenging days due to the on-going Coronavirus Pandemic.

Envelopes may be deposited through the Letter Box at the Parochial House, Castlewella Road on Sunday 9am to 12 noon and Monday 9am to 12noon.

Thanks for your support last week £1,140.00

The Annual Cemetery Mass in Barmmeen was to take place on **Saturday 30th May** but due to government regulations this Mass will now be Celebrated in **St John's Church, Ballymaghery** at 7.30pm on www.clonduffparish.com and afterwards I will go out to Bless the Cemetery.

Clonduff Parish Newsletter

Sunday 24th May 2020
The Ascension of the Lord



All Christians inherit the apostles' mission.
Matt. 28: 19-20



A Reminder... First Confession, First Holy Communion and Confirmation
 First Confession, First Holy Communion and Confirmation across the Diocese remains postponed until a safe time in the future.

At this time Celebration of Public Masses, Weddings and Baptisms are suspended.

Restrictions as they stand, still state that regarding Funerals, immediate Family only to attend.

Fr C Byrne Tel (028) 40630206 or in emergency 07764941606 or email cbyrne26@icloud.com

PLEASE NOTE In light of the current situation with the Coronavirus, I will not be visiting the sick and housebound, but if someone wishes to have a visit ring my mobile 07764941606. Thank you for your understanding as we try to keep safe at this difficult time. *Fr Charles Byrne*

Registered with the Charity Commission for Northern Ireland NIC105046

Diocese of Dromore Safeguarding of Children, young people and vulnerable adults: Dromore Designated Person Patricia Carville 07789917741. A copy of the Dromore Diocese "Safeguarding Policy and Procedures" is available for reference in the Parish Rooms.

Rosary Initiative Archbishop Eamon Martin invites and encourages families in our Parishes to pray the Rosary, or even a decade of the Rosary, every day during the month of May.

This year the Diocesan Pilgrimage to Lourdes has been cancelled due to concerns around the Coronavirus. Maybe when we pray the Rosary or even a decade of the Rosary we could remember the sick and all who had hoped to make the Pilgrimage to Lourdes.

We remember too those in our Parishes who are sick, housebound, those in Hospital and Hospice, those feeling lonely and isolated at this time and all who care for them.

St John's Church, Ballymaghery will reopen for private prayer Mon to Fri 11.00am to 6pm Sat 11.00am to 5.30pm and Sun 12 noon to 6pm. Please follow the notices.



LOUGH DERG PILGRIMAGE SEASON 2020

There will not be any One Day Retreats in May but we will offer a **One Day Retreat** in an online format on **Sunday 24th May** and **Wednesday 27th May** at 10.30am. These will be carried out on our new dedicated website www.loughderg.live Main website: www.loughderg.org

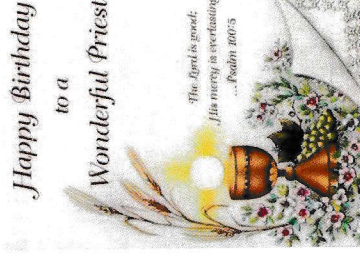
For further information contact **Susie Brannigan 07803163476** or **02840638442**



'Get Well Wishes' to Fr Charlie who sustained a broken arm in a slight tumble on Sunday.

Contrary to speculation the incident happened before the birthday, though the celebrations went ahead as planned.

Studies indicate that those who receive 'Get Well Cards' have 80% faster recovery rate regardless of age!



Happy Birthday

to a Wonderful Priest

The spirit is good: The merry is reviving: ... Dublin 2015